

HavaGood Times



Published by the
Haverford Township
Department of Parks & Recreation

We Salute Our
Local Heroes



To ALL the FIRST RESPONDERS &
ESSENTIAL WORKERS that
selflessly give of themselves day after day.....

THANK YOU!

Fall 2020

Community Corner

Parks and Recreation

Brian Barrett	Director
Eileen Mottola	Facilities Coordinator
Larry Woods	Operations Supervisor
Kirsten Taylor	Marketing Coordinator
Jesse Hart	Program Coordinator
Matt Duffus	Outdoor Reserve Supv.
Jason O'Brien	Park Maintenance
Jack DiNardo	Rentals Supervisor
Jackie O'Doherty	Fitness Coordinator
Jamie McCloskey	Administrative Assistant
Julien Simpson	Program Coordinator

Mission

Our mission is to make living in Haverford Township more enjoyable and healthier for you, your family and friends by providing top quality recreation programs, facilities and service.



Life. Be In It.

People of all abilities are welcome in our programs. With your help we will do all we can to meet your needs.



@Haverford Twp Recreation

Commissioners

- 1st - Steven D'Emilio
- 2nd - Mario Oliva
- 3rd - Kevin McCloskey
- 4th - Dan Siegel
- 5th - Andy Lewis
- 6th - Larry Holmes
- 7th - Conor Quinn
- 8th - Gerry Hart
- 9th - Bill Wechsler
- Dave Burman - Twp. Mgr.

Park Board

- Dave McArdle
- Michelle Alvare
- Lynanne St. Denis
- Bill Gormley
- Maria Pardini
- Rich Caroto
- Nicole Maclean
- Joe Heller
- Steve Cull

The Park Board meets the 4th Tuesday of each month at 7:30pm.

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Parks and Recreation Department got a new electric vehicle.

CREC Information

Fitness Center & Walking Track (BY APPOINTMENT ONLY)

You must sign up online at havtwp.org to reserve a time slot. You will be required to scan your CREC Card upon arrival.

Monday-Friday 8:00am-6:00pm
Closed Weekends

Unfortunately, we are not permitting any “Drop In” guests at this time. You must sign up as a pass holder to access the facility.

Basketball Courts are currently not available. Please check the Parks & Recreation website for updates.

CREC PASSES

Fitness Center Passes

10 Passes	\$45 Resident	\$55 Non-Resident
20 Passes	\$65 Resident	\$80 Non-Resident
30 Passes	\$80 Resident	\$95 Non-Resident

These passes do not expire!

Discount Special

3 Month Pass-Unlimited Use (by cardholder only)

3 Month - Resident	\$63
3 Month - Non Resident	\$75

Walking Track Pass Free to Haverford Township Residents

We do honor Silver Sneaker and Silver and Fit fitness programs for our Medicare beneficiaries. Please check for eligibility status with your health plan provider.

Meetings @ the CREC

Haverford Township Community Recreation & Environmental Center (CREC)

- Preferred pricing for Haverford Township residents/businesses
- Easy access to I-476
- State of the art A/V technology
- Green-friendly, LEED certified facility
- Friendly support staff
- Flexible rooms and break-out space
- Rentals everyday of the week
- Outdoor deck overlooking Reserve
- Catering kitchen

To reserve a space at the CREC or to view a video about rental opportunities, visit www.havtwp.org

Contact Eileen Mottola at crecrental@havtwp.org for more information.

Fitness at the CREC Walking Track & Fitness Center



We are continuing with the gradual reopening of the CREC, with Fitness Center and Walking Track.

Revised hours are 8am-6pm. New safety practices include plenty of spacing between fitness machines, universal masking, and increased sanitizing of the building and the equipment.

Our Phase II Re-Opening Plan is on the Township Website.

Please feel free to reach out to us with any questions about registering for a time slot or how we can help you get and stay fit either at home or at the CREC.

Haverford Township Blood Drive

Date: Thursday, August 27 (8am-6pm)

Date: Wednesday, September 16 (8am-6pm)

**Location: CREC, 9000 Parkview Dr.,
Haverford, PA 19041**

*To schedule an appointment (preferred),
register at www.redcrossblood.org
Sponsor code: CREC*



**American
Red Cross**

CREC Online Fitness Programs

*Our Online Group fitness classes run in month-long sessions.
Register now online or call us to join in at any time.*

Prices for September 2020. (Prices based on number of class meetings each month.)

When registering for any of our ONLINE Classes or the Unlimited Package, one purchase allows all members of your household to participate.

Unlimited Online Fitness Package

You receive ALL of the class links and passcodes to participate in all classes for the month.
Fee: \$75

Barre Fitness

Monday Evenings @ 6pm \$24 (3 weeks)
Friday Mornings @ 9am \$32 (4 weeks)
Instructor: Debi Saldana

Hatha Yoga

Tuesday Evenings @ 7pm \$40 (5 weeks)
Instructor: Beth Ann

Cardio Kickboxing

Wednesday Evenings @ 6pm \$40 (5 weeks)
Instructor: Jackie O'Doherty

Silver Sneakers Classic

Monday @ 10:15am \$18 (3 weeks)
Wednesday @ 10:15am \$30 (5 weeks)
Friday @ 10:15am \$24 (4 weeks)
Instructor: Beth Ann (Free with Silver Sneakers benefit or fee above)

Silver Sneakers Chair Yoga

Tuesday @ 10:15am \$30 (5 weeks)
Thursday @ 10:15am \$24 (4 weeks)
Instructor: Beth Ann (Free with Silver Sneakers benefit or fee above)

Yoga/Pilates Combo

Monday @ 3pm \$18 (3 weeks)
Wednesday @ 3pm \$30 (5 weeks)
Instructor: Jackie O'Doherty (Free with Silver Sneakers benefit or fee above)

Gentle Stretch & Tone

Monday @ 9am \$16 (2 weeks)
Wednesday @ 9am \$40 (5 weeks)
Instructor: Sandi

Balance & Agility

Thursday @ 11:30am \$32 (4 weeks)
Instructor: Jackie O'Doherty



We have missed you! We hope you and your loved ones are well, and we look forward to seeing you and exercising with you again at the CREC.
Yours in Fitness
Jackie

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•
• **No Classes on Monday** •
• **September 7 in observance of** •
• **Labor Day.** •
.....



Youth Programs



Fall Soccer

Fall Soccer will help kids develop soccer skills, coordination, and listening skills in a supportive, motivating, and positive atmosphere with fun and imaginative games and activities. Fee: \$70

Monday -

Ages: 4-5 and 5-6 Time: 6-6:45pm
Dates: 9/14-10/19 Location: Haverford Reserve

Saturday -

Ages: 4-5 Time: 10-10:45am
Ages: 5-6 Time: 11-11:45am
Dates: 9/12-10/17 Location: TBD

Little Dribblers

One of our most popular programs, Little Dribblers introduces boys and girls to basketball skills through fun games, drills and activities.

Ages: 5-6 Location: Paddock Fee: \$70
Time: 10-10:45am (Sat) Dates: 9/12-10/17

Basketball Clinic

During this 6-week clinic, we will emphasize dribbling, shooting, and passing with fun drills and activities that will be sure to have your child excited about basketball. We split by age and ability.

Ages: 6-8 Location: Paddock Fee: \$70
Time: 11am-11:45am (Sat) Dates: 9/12-10/17

Tennis Programs

Players of all skill levels will be taught tennis through fun drills and game play aimed at building skills and technique. Instructor Suzanne Barr has been coaching for 35 years.

Tennis Tykes

Ages: 4-5 Fee: \$70 Location: Elwell
Time: 6-6:45pm (Wed) Dates: 9/9-10/14

Ages: 4-5 Fee: \$70 Location: Paddock
Time: 9-9:45am (Sat) Dates: 9/12-10/17

Tennis Lessons

Ages: 6-9 Dates: 9/12-10/17 (Sat) Fee: \$70
Time: 10-10:45am or 11-11:45am Location: Paddock

Junior Tennis

Ages: 9-15 Fee: \$110
Beginner - Dates: 9/10-10/15
Time: 6:15-8pm (Th) Location: Elwell
Inter./Adv. - Dates: 9/12-10/17
Time: 12:15-2pm (Sat) Location: Paddock

Adult Tennis Lessons

Ages: 18+ Fee: \$95 Location: Elwell
Inter. - Dates: 9/8-10/13 Time: 6:30-7:50pm (Tu)
Beginner - Dates: 9/9-10/14 Time: 7-8:20pm (Wed)

Floor Hockey Clinic

The combination of skill development and game action makes this clinic fun and instructional. Whether if you're a beginner or seasoned-vet, this program is great for you. *Mouth guard required.
Grades: 1-3 Location: Westgate Fee: \$70
Time: 11-11:45am (Sat) Dates: 9/12-10/17

Floor Hockey League

We will spend time learning technique, spacing and playing fun games and then divide into teams to determine a champion.
Grades: 3-5 Location: Westgate Fee: \$70
Time: 12-12:45pm (Sat) Dates: 9/12-10/17

Field Hockey Clinic

Haverford High School coach Christa Taylor and her team will host this clinic. The focus will be on stick skills. Location: Haverford Reserve
Ages: Grades 3-8 Date: 9/13
Time: 6-8pm (Sun) Fee: \$25

Girls Lacrosse Clinic

Haverford High School coach Nancy McGoldrick and her team will host this clinic. The focus is on stick skills and drills. Great for players of all skill levels.
Ages: Grades 2-8 Dates: 9/15 or 10/6
Time: 5:30-7:30pm (Tue) Fee: \$25
Location: Haverford Reserve

Mommy and Me Movement

We explore creativity through use of adaptable dance movement and tactile work. Come exercise while bonding with your little one through toddler/mommy cardio, stretching and scarf dancing.

Ages: 1-3 Location: CREC Fee: \$60
Time: 10-10:45am (Wed) Dates: 10/14-11/25
Instructor: Katie Brown

Nature Club

Experience the fun and excitement fall brings to the Reserve. Each week we will spend time on a different theme including bugs and water. We will create journals, walk trails, play games, and make crafts.

Ages: 6-9 Location: Haverford Reserve Fee: \$60
Time: 4:15-5:45pm (Tue) Dates: 9/15-10/6
Time: 10:30am-12pm (Sat) Dates: 9/12-10/3

Hip Hop and Jazz

Dance like your favorite pop stars! In this high-energy, age-appropriate class, your student will learn new dance moves using a combination of Jazz, Hip Hop and Musical Theater movement. Miss Katie's in person format will have your student dancing social distance style. Open to both boys and girls.

Ages: 4-6 Time: 10-10:45am (Sat)
Ages: 7-9 Time: 11-11:45am (Sat)
Dates: 10/17-11/21
Location: CREC Fee: \$65



Our Fall Brochure will be out in late September with additional programs.

Rec at the CREC - Sensory Trail Walk

This unique program offers opportunities for young adults with disabilities to engage in recreational activities alongside peers. Participants will be paired with a buddy as we walk along the trails at the Haverford Reserve utilizing both paved and unpaved sections. Meet at the Freedom Playground Pavilion.

Ages: 16-30
Free program - must preregister at havtwp.org
Time: 4:30-5:30pm (Sat) Dates: 9/19, 10/17, 11/7



VIRTUAL PROGRAMS

Babysitter Training

- During this one-day course, teens will learn the basics of babysitting and get an introduction to CPR/First Aid. Our instruction includes child development, child care, and job-seeking skills. The program includes a certification to help you find your first job. **Kit included, pick-up required.**
- **Ages: 12-15** Location: Virtual Fee: \$90
- Time: 9am-2:30pm (Mon) Date: 10/12

Drivers Education Course

- Online instruction that provides the knowledge to help you feel safe and confident behind the wheel. You can also qualify for discounts on your insurance.
- **Ages: 15-18** Location: Virtual Fee: \$100
- Time: 9am-12pm (Sat) Dates: 9/19-11/14

CSI

- Students will have the opportunity to assist in a model crime scene investigation by collecting fingerprints, creating and examining a simulated blood spatter, casting footprints, and making a magnifying glass. A former law enforcement Detective leads this course. **Kit included, pick-up required.**
- **Ages: Grades 6-12** Location: Virtual Fee: \$120
- Time: 4-5:30 (M-F) Dates: October 26-30

Online Registration System

Registering for classes and programs is simple. Create or log onto your online account to view and register for upcoming programs. Use the registration system to:

- *Register yourself or family members for programs.
- *View additional program information not featured in the brochure.
- *Easy access to your family's program schedules.
- *Better communication through text alerts and email.

Register anytime beginning August 24th

*Creating your account is simple.
Below are a few steps to assist you.*

1. How do I create an account for my family?

- a. Go to our website www.havtwp.org
- b. Click the "Parks & Recreation" button
- c. Click the "Activities, Programs & Trips" button
- d. Click the "Register Now" button
- e. Click "Sign In/Up"
- f. Save your information and add the next family member.

2. How do I register for activities?

- a. Log onto your account using Step 1 (a-e)
- b. Click "Activities" at the top of the page
- c. Browse by activity name, ages or categories

3. What if I forgot my account information?

- a. Use Step 1 (a-e) to get to our registration page
- b. If your password is incorrect or forgotten click "Forgot your password"
- c. Enter your email address
- d. Your temporary password will be emailed to you.
- e. If you have any further questions please contact the office and we will be happy to help you at 610-446-9397.

We're here to help!

*For any questions on activities,
program locations, registration
or creating an account...*

*Call the Rec Department at
610-446-9397*

CREC Holidays

The CREC will be closed on the following Holidays:

Columbus Day – Monday, October 12

Veterans Day – Wednesday, November 11

Thanksgiving Holiday – Thursday and Friday November 26-27

Christmas Holiday – Friday, December 25

New Years Day – Friday, January 1

Looking Back at Summer.. We Missed You!



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